

UPDATED COVID POLICIES & PROCEDURES
(Update to our COVID ADDENDUM)
March 7, 2022

As the CDC, the KY Cabinet for Health and Family Service and Louisville Metro Health update their COVID guidelines for childcare, we will continue to update our guidelines as well. Please review the new updated COVID policies and procedures for SMBC Preschool and PDO.

-Masks are encouraged and recommended, but not required for children 2 years of age and older. Families will decide if they would like their children to wear a mask at school. Masks are encouraged for teachers and staff, but as well are optional. Teachers/Staff have been advised to continue to wear their masks if they have close contact with a student.

-Sick Policy: The sick policy has NOT changed from the original COVID ADDENDUM- this is just a review. At this time, we will continue our sick policy found in the original COVID ADDENDUM: Please keep your child home for at least **48 hours** after a fever (100.4 degrees or higher) is gone or signs of a fever (chills, feeling very warm, flushed appearance, or sweating) are gone without the use of fever reducing medication.

If your child is having any symptoms of illness, they may NOT attend school. Children must be **48-hour symptom free** before returning to school. Symptoms include -Fever, cough, runny nose, congestion, shortness of breath, sore throat, eye drainage, nausea, vomiting, diarrhea.

Many children and adults suffer from seasonal allergies. It would be very helpful to have a letter from your child's doctor stating their typical allergy symptoms.

-Travel: If the state of Kentucky has an active travel advisory naming "hotspot" states, we recommend families quarantine following the guidelines provided in the COVID ADDENDUM.

-Quarantines and Exposures: Early childhood programs must still contact trace, report cases of COVID to the Division of Regulated Child Care and our local health department and notify families and staff of exposures.

Individuals who test positive for COVID must isolate from school for:

-At least 5 full days from the day his/her symptoms started if he/she is symptomatic. The first day of symptoms is considered day 0. The person may return to school after 5 days when his/her symptoms are fully resolved or after 10 days even if he/she has lingering symptoms. The individual must always wear a well-fitting mask for 10 full days when around others indoors.

-5 full days from the date of testing if he/she is asymptomatic. The day of testing is considered day 0. The individual must always wear a well-fitting mask for 10 full days when around others indoors. If the positive person develops symptoms of COVID, he/she should follow the above isolation guidance for someone with symptoms.

-At least 7 days if he/she is unable to wear a mask properly or consistently, such as a child under 2 years of age and his/her symptoms have resolved or if he/she remains asymptomatic.

Positive exposure in the classroom: Quarantine is encouraged and recommended, but no longer required, for asymptomatic individuals.

Children who have had a positive exposure in the classroom will NOT have to quarantine if they NO symptoms of illness. The school and home will watch for the development of symptoms in these individuals. Families of the class with the positive exposure will be notified.

Positive exposure in the home:

If there is a positive COVID case within the home and the positive case **CAN** isolate, the child can return to school 10 days after their last exposure to the positive case.

If the positive case **CANNOT** isolate, the child can return 10 days after the positive case is released from isolation.

Ideally, the child would receive a negative test (from a doctor or testing site) prior to their return but this is not required.

Positive exposure not in home or at school:

If there is a positive exposure **NOT** in the home or school, the child can return on day 7 of the exposure pending they have **NO** symptoms of illness.

Ideally, the child would receive a negative test (from a doctor or testing site) on day 5 or after prior to their return but this is not required.

Who does NOT need to quarantine following a positive exposure:

Vaccinated children do not need to quarantine if they have completed their primary COVID vaccine series more than 14 days prior to the exposure and are not experiencing any symptoms.

Children who have had documented COVID within the 3 months prior to the exposure and are not experiencing any symptoms.

Adults who are up to date with their recommended COVID vaccinations and are not experiencing any symptoms.